Pros and Cons of Spacers in the Treatment of Late Periprosthetic Infections of the Hip

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Abstract

In late periprosthetic joint infection of the hip all foreign material has to be removed and in septic two-stage revision an antibiotic-laden spacer is an option to fill the joint gap. It preserves the function of the joint, so the patient can be mobilized and reimplantation of total hip arthroplasty is technically easier in the second stage. The spacers have an important role also in the local antibiotic therapy of the periprosthetic joint infection by releasing antibiotics. One disadvantage of spacers is the wear of cement particles which have to be removed radically via the debridement in the second stage.

Keywords: Hip arthroplasty; Periprosthetic joint infection; Spacer; Two-stage revision

Introduction

Periprosthetic joint infections as a serious complication of hip arthroplasties occur with an incidence of less than 1% after primary hip joint replacements and of around 4% after revision surgery [1-4]. When early infections occur, within 4 weeks of implantation, the implant can be left in place with a high probability of cure whereas late infections require prosthesis revision to eradicate the infection [3,4]. In such cases, one can differentiate between one-stage and two-stage revisions. One-stage revision include the removal of all foreign material and the implantation of a new prosthesis with specific antibiotics mixed in the cement for fixation of the implant components in the same operation. Prerequisites are that the pathogen or pathogens have been identified in aspirated synovial fluid or tissue biopsy and that their susceptibility to antibiotics has been determined, so that specific antibiotic mixture can be added to the bone cement and enable a specific local antibiotic therapy [4]. Two-stage revision involves an initial operation to remove all foreign materials and this is followed by an interim phase of mostly 6-12 weeks, either left as a Girdle stone situation or with the implantation of a cement spacer.

Two-stage septic revision surgery is the most common method for treating infected endoprostheses. A general advantage of the two-stage concept is that the surgical debridement is carried out twice whereby the second operation allows for the eradication of residual organisms following the initial debridement. The cement of the spacer is not intended as a means of fixing the prosthesis so the mechanical characteristic of the cement is not of primary importance at this stage. Thus, large amounts of antibiotics can be mixed into the cement before the spacer is formed. It has been possible to achieve a survival rate using two-stage revision concepts for infected hip arthroplasties of between 90% and 100% [2,5-8].

In most two-stage revisions an antibiotic-containing spacer is usually placed in position for a certain period of time before the final prosthesis is implanted [5,6,9-11]. The function of the spacer is on the one hand to release the antibiotic into the infected bed of the prosthesis and on the other to minimize soft-tissue contractures, retain soft tissue tension and so maintain reasonable functionality until a prosthesis can be re-implanted [5].

There are many questions pertaining to both one-stage and two-stage revisions that still have to be answered and existing procedures are based more on empirical findings than on data from prospective studies with a high level of evidence. It is for this reason that the following aspects of two-stage revision have been treated very differently by different groups: the type of spacer, the type of antibiotic used in the spacer, the duration of the spacer period, the duration of systemic antibiotic treatment, aspiration before re-implantation and the type of re-implantation (cemented or cementless).

Type of Spacer

There are several different types of spacer: static and mobile spacers, monoblock and two-part mobile spacers, commercially available and customized mobile spacers made in the operating theatre. Antibiotic-laden beads form a kind of spacer that does not have a specific articulating surface and thereby is a more or less static spacer that only fills the gap of the removed artificial joint. The disadvantage of this procedure is that ready manufactured beads are usually employed and these only contain Gentamicin or Vancomycin [12,13]. Leg shortening and instability still occur and cause problems with mobilization. Re-implantation of prosthesis is also often made more difficult because of scarring, tissue shrinkage and osteoporosis caused by inactivity [14-16]. In addition, abrasion of zirconium dioxide particles is to be expected during mobilization and this could lead to third-body-
wear following re-implantation of the prosthesis. Disch et al., decided therefore not to use local antibiotic carriers following removal of the prosthesis during two-stage revisions and found a reinfection rate of 6.3% in 32 hips 41.3 months after re-implantation although there was a considerable reduction in the quality of life during the Girdlestone phase which lasted 13 months on average [17]. Others found reinfection rates between 9% and 18% without a spacer in the interim period (Tables 1 and 2).

Mobile spacers can be differentiated into monoblock and two-part spacers. The potential disadvantages of the monoblock spacers are spacer fracture and bone resorption [15,30]. The monoblock spacer induces bone resorption at the acetabulum because the hard cement has to articulate against the osteoporotic bone caused by the infection. This is avoided in the two-part spacer by the spacer having its own articulation surface. However, this cement-based articulation surface in the two-part spacer can lead to the release of abraded cement particles [17,31].

The femoral component of the monoblock and two-part spacers is associated with the risk of spacer fracture. This risk is particularly high when the femoral component is composed of cement alone. It is therefore recommended that the spacer consist of a metal core encased in cement, as is the case in commercially available spacers. A further risk is the potential for dislocation of the spacer out of the bone (either with or without fracture). In order to avoid this complication, it is recommended that, instead of simply inserting the spacer into the femur, the prepared spacer is fixed in position by applying cement at the metaphysis.

We use a two-part spacer where the cup-shaped acetabulum spacer is formed out of antibiotic loaded cement (with a specific mixture of antibiotics recommended by the microbiologist). The spacer stem component consists of old prosthesis stem models, monoblock devices in most cases and no longer used for primary implantations. This stem device is encased in antibiotic-supplemented cement and, just before implantation, coated in the patient’s own blood in order to facilitate easier removal by decreasing the stability of the implant-cement-interface [6,31]. The two components of the spacer are connected by a metal headpiece (Figures 1 and 2) [6]. However, an analysis of synovial membranes obtained during the operation to remove the spacer and to implant the new prosthesis revealed the presence of abraded cement debris, in particular, zirconium dioxide particles [31]. So it must be concluded that all types of spacer will produce abraded cement debris, in particular, zirconium dioxide particles [31]. The use of zirconium-free spacer cement (Heraus Medical GmbH, Wertheim, Germany) is aimed at circumventing this problem associated with abraded particles.

A further important factor in deciding the type of spacer to be used is the amount of damage to the bone caused by the explantation of the infected prosthesis. The removal of well-fixed cemented or cementless infected femoral implants is a challenge for the surgeon. The infected prosthetic bed has to be radically debrided while sparing as much as possible the functionally important areas of bone such as the trochanter major as the attachment area for the gluteal musculature. It is for that reason that we favor the transfemoral approach for removal of well-fixed infected femoral components. This approach enables an effective debridement of the infected femoral component bed and of the osteolytic areas that are often present, while limiting any injury to the trochanter major, the vasto-gluteal muscle loop and the isthmus femoris which represents the area of fixation for the cementless revision stem implanted during the second stage. The endofemoral approach for removing a well-fixed femoral component does not always enable a reproducible debridement of the osteolytic areas and has a higher risk of femoral fracture [32-34]. The transfemoral approach avoids this risk [32-34]. However, it is important that the femoral spacer is long enough to extend beyond the boundaries of the resulting bony flap and that the whole is sufficiently stable. In this procedure, using the transfemoral approach, we favor the closure of the bony flap with cerclage wires in order to avoid migration of the flap, or its dislocation, as described by Morshed et al., [32] (Figures 1 and 2). We reopen the flap during the second stage by removing the cerclage wires so that we can carry out a second radical debridement of the prosthetic bed and ensure that the distally fixed, cementless, modular revision stem is correctly positioned in the isthmus of the femur with the fixation zone distal to the osteotomy (Figures 1 and 2). To analyse the results of the transfemoral approach for revision of infected hip prostheses, 76 septic two-stage revisions involving fixation of the bony flap in the first stage with cerclage wires and reopening of the flap at the time of re-implantation, were followed prospectively, with clinical and radiological assessment, for a mean period of 51.2±23.2 (24-118) months [33]. The rate of complete union of the bony flap after re-implantation was 98.7% and a successful outcome with no recurrence of infection was recorded in 93.4% of all cases. Subsidence of the stem occurred at a rate of 6.6 %, dislocation at a rate of 6.6 % and there was no aseptic loosening of the implants. The Harris Hip Score was 62.±12.6 points with the spacer and 86.±15.5 points two years after re-implantation of the new implant. Nine fractures (11.8 %) of the flap occurred during the operation due to osteolytic or osteoporotic weakness of the flap itself but these all healed without further intervention [33]. Our data demonstrates that the transfemoral approach is a safe method for septic revision of well-fixed cemented or cementless hip prostheses and that the use of cerclage wires for closing the osteotomy flap in the first stage does not lead to higher reinfection rates.

Another problem associated with spacer implantation is acetabular bone defects. These can lead to situations where a stable fixation of the cement cup or a monoblock spacer is not possible. In such cases and when the infecting organism can be identified, we carry out a one-stage revision whereby the acetabular defect is stabilized by use of the Ganz reinforcement ring, a Burch-Schneider cage or a Cup-Cage-construct into which the cup is then cemented (Figure 3). However, it is sometimes necessary to carry out a two-stage revision of the femoral component using the transfemoral approach for explantation of a septic prosthesis. In such cases, we carry out a combination of a one-stage revision of the acetabular component and a two-stage revision of the femoral component (Figure 2). We analysed 35 such cases with a follow-up of 42.2±17.2 (24-84) months. We found a successful outcome with no recurrence of reinfection in 97.1% of all cases. The Harris Hip Score was 61.2±12.8 points after the first operation and 82.±15.7 points two years after the second operation [34].

In summary, if spacers can be used they should have a femoral and acetabular component to prevent bony acetabular erosion and should have a metallic endoskeleton on the femoral side to prevent spacer breakage [6,15-17,30].
Table 1: Results of two-stage cementless revision of periprosthetic infection of the hip.

<table>
<thead>
<tr>
<th>Author</th>
<th>N</th>
<th>Follow-up</th>
<th>Spacer/ Beads</th>
<th>Local anti-biotics</th>
<th>Duration of intravenous antibiotics</th>
<th>Interval until reimplantation</th>
<th>Antibiotics after implantation</th>
<th>Eradication rate</th>
<th>Aseptic loosening</th>
</tr>
</thead>
<tbody>
<tr>
<td>McDonald [18]</td>
<td>82</td>
<td>≥ 5 years</td>
<td>Resection arthroplasty</td>
<td>No</td>
<td>26.1 (4 – 59 days)</td>
<td>1.5 years (6 days – 6.2 years)</td>
<td>No antibiotics in cement</td>
<td>87%</td>
<td></td>
</tr>
<tr>
<td>Coley [19]</td>
<td>37</td>
<td>≥ 2.7 years</td>
<td>Resection arthroplasty</td>
<td>No</td>
<td>6 weeks parenteral</td>
<td>6 weeks (4 – 214 weeks)</td>
<td>2 weeks parenteral, 3 months oral</td>
<td>84%</td>
<td></td>
</tr>
<tr>
<td>Garvin [7]</td>
<td>32</td>
<td>≥ 2 years, 4.1 years</td>
<td>Beads</td>
<td>Gentamicin</td>
<td>6 weeks parenteral</td>
<td>6 weeks</td>
<td>91%</td>
<td>0%</td>
<td></td>
</tr>
<tr>
<td>Lieberman [8]</td>
<td>32</td>
<td>40 (24-80) mo</td>
<td>Beads</td>
<td>Gentamicin, Tobramycin, Vancomycin</td>
<td>6 weeks (20 – 49 days)</td>
<td>8.8 weeks (3 weeks – 32 months)</td>
<td>91%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Younger [20]</td>
<td>48</td>
<td>43 (24-63) mo</td>
<td>Spacer</td>
<td>Gentamicin</td>
<td>3 weeks parenteral, 3 weeks oral</td>
<td>13 weeks (5 – 42 weeks)</td>
<td>3 weeks parenteral, 3 weeks oral</td>
<td>94%</td>
<td>0%</td>
</tr>
<tr>
<td>Leung [15]</td>
<td>12</td>
<td>2.2 years</td>
<td>Spacer</td>
<td>Gentamicin</td>
<td>4 (2-7) months</td>
<td>100%</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Evans [9]</td>
<td>23</td>
<td>4.2 years</td>
<td>Spacer</td>
<td>Specific Vancomycin Piperacillin Aztreonam Teicoplanin</td>
<td>2 weeks parenteral, 4 weeks oral</td>
<td>11 – 17 weeks, when CRP normal</td>
<td>1 week parenteral</td>
<td>100%</td>
<td>0%</td>
</tr>
</tbody>
</table>

Table 2: Results of two-stage cementless revision of periprosthetic infection of the hip.

<table>
<thead>
<tr>
<th>Author</th>
<th>N</th>
<th>Follow-up</th>
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<th>Duration of intravenous antibiotics</th>
<th>Interval until reimplantation</th>
<th>Antibiotics after implantation</th>
<th>Eradication rate</th>
<th>Aseptic loosening</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wilson [22]</td>
<td>22/ 13**</td>
<td>≥ 3 years, 48 months</td>
<td>Resection arthroplasty</td>
<td>no</td>
<td>3 weeks parenteral</td>
<td>6-12 weeks</td>
<td>3 days parenteral</td>
<td>91 % / 100 % cementless</td>
<td>7.6 % stem loose</td>
</tr>
<tr>
<td>Nestor [23]</td>
<td>34</td>
<td>47 (24-72) mo</td>
<td>Resection arthroplasty</td>
<td>no</td>
<td>≥ 4 weeks parenteral</td>
<td>8 (3-19) months</td>
<td>different</td>
<td>82%</td>
<td>18% stem loose</td>
</tr>
<tr>
<td>Fehrin [12]</td>
<td>25</td>
<td>41 (24-98) mo</td>
<td>Beads</td>
<td>Tobramycin in 16 cases</td>
<td>6 weeks parenteral</td>
<td>4.8 months</td>
<td>92%</td>
<td>0%</td>
<td></td>
</tr>
<tr>
<td>Haddad [13]</td>
<td>50</td>
<td>5.8 (2-8.7) years</td>
<td>Beads + cement ball</td>
<td>Gentamicin</td>
<td>5 days parenteral and than oral</td>
<td>3 weeks</td>
<td>≥ 3 months</td>
<td>92%</td>
<td>8% stem subsidence</td>
</tr>
<tr>
<td>Koo [24]</td>
<td>22</td>
<td>41 (24-78) mo</td>
<td>Spacer</td>
<td>Beads + Vancomycin Gentamicin</td>
<td>6 weeks</td>
<td>6-12 weeks</td>
<td>95%</td>
<td>5% cup loose, 30% stem subsid.</td>
<td></td>
</tr>
<tr>
<td>Hofmann [11]</td>
<td>27</td>
<td>76 (28-148) mo</td>
<td>Old stem and new poly-ethy-lene cup</td>
<td>Tobramycin</td>
<td>6 weeks parenteral, in 17 cases additional oral for 6 weeks</td>
<td>94%</td>
<td>0%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Knapp [25]</td>
<td>33</td>
<td>≥ 2 years</td>
<td>Spacer in 16 cases</td>
<td>Tobramycin in 16 cases</td>
<td>≥ 6 weeks parenteral</td>
<td>7.4 (3-37) months</td>
<td>92%</td>
<td>9 % cup 0% stem</td>
<td></td>
</tr>
<tr>
<td>Massi [26]</td>
<td>29</td>
<td>≥ 2 years</td>
<td>Prostalac spacer</td>
<td>Tobramycin Vancomycin Cefoxoxime Penicillin*</td>
<td>6 weeks parenteral or in combination with oral</td>
<td>12 weeks</td>
<td>90%</td>
<td>0%</td>
<td></td>
</tr>
<tr>
<td>Yamamoto [27]</td>
<td>17</td>
<td>38 mo</td>
<td>Spacer</td>
<td>Gentamicin Vancomycin</td>
<td>≥ 3 weeks</td>
<td>1 week parenteral, oral until CRP normal</td>
<td>100%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fink [6]</td>
<td>36</td>
<td>≥ 2 years</td>
<td>Spacer</td>
<td>Specific Gentamicin Clindamycin Vancomycin Ampicillin Ofloxacain</td>
<td>2 weeks parenteral, 4 weeks oral</td>
<td>6 weeks</td>
<td>100%</td>
<td>6% stem subsidence 0% loosening</td>
<td></td>
</tr>
<tr>
<td>Berend [28]</td>
<td>189</td>
<td>53 (24-180) mo</td>
<td>Spacer (70% articulating, 30% non-articulating)</td>
<td>Vancomycin + Gentamicin or Vancomycin + Tobramycin</td>
<td>6 weeks parenteral</td>
<td>≥ 6 weeks</td>
<td>83%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Camusse [29]</td>
<td>41</td>
<td>54 (24-96) mo</td>
<td>Spacer</td>
<td>Teicoplanin</td>
<td>≥ 2 weeks parenteral, 8 (4 – 20 ) weeks in total</td>
<td>6 (1-13) months</td>
<td>≥ 4 weeks</td>
<td>95.10%</td>
<td>5% cup 0% stem</td>
</tr>
</tbody>
</table>
1a: Infected hip arthroplasty with a well osteointegrated cementless stem and cementless acetabular cup.

1b: Interims prosthesis with a cement cup and cemented femoral stem after transfemoral revision of the infected hip arthroplasty.

1c: Reimplantation of a cementless revision stem and cementless cup in the second stage.

1d: Follow-up after two years.

Figure 1: Two-stage revision via a transfemoral approach of an infected total hip prosthesis with a well-fixed cementless stem on the right side.

2a: Infected hip arthroplasty with a well-fixed cementless revision stem and a well-fixed acetabular cup with rough surface.

2b1 and 2b2: Reconstruction of the acetabular side with a Ganz-ring and a cemented cup and on the femoral side with a long cemented interims prosthetic stem implanted via a transfemoral approach.
Even though systemic antibiotic therapy with high bioavailability is important for the treatment of periprosthetic joint infection, it is known that local antibiotic release out of spacers result in a much higher local concentration of antibiotics [35-39]. An overview of the literature supports that local antibiotic treatment effect of spacers, because the reinfection rate without a spacer is around 10% higher in average (Tables 1 and 2). For the antibiotic effect of the spacer it seems logic that the local antibiotic concentration should be greater than the minimal inhibitory concentration for the pathogens that cause the periprosthetic infection and remains so for the whole of the spacer period. Otherwise there would be a danger of a recurrence of the infection and of the emergence of resistant microorganisms. There have been very few publications concerning the elution of antibiotics from spacer cement in vivo over a period of several weeks. Masri et al., followed 49 patients for an average period of 118 days after spacer explantation and found sufficiently high concentrations of the antibiotics vancomycin and tobramycin [35]. Similarly, Heisch et al., studied 46 patients for an average period of 107 days and found sufficient levels of vancomycin and aztreonam [36]. Bertazzoni Minelli et al., investigated 20 patients and demonstrated a substantial elution of the antibiotics gentamicin and vancomycin directly after spacer implantation, followed by a constant level of release over periods ranging from 3 to 6 months [37].

Our own in vivo study revealed antibiotic levels in the tissues surrounding the spacer six weeks after implantation that were higher than the minimal inhibitory concentration for the bacteria that had caused the periprosthetic infection. This was demonstrated in 14 two-stage revision septic arthroplasties using spacers containing gentamicin and clindamycin in the cement and also in cases where vancomycin was also included [38]. Ours was the first study to measure antibiotic concentrations in the tissues surrounding the spacer and thus to assess the amount of antibiotic at the site of the later implantation of the new prosthesis.

Not all antibiotics can be used for mixing into the cement because they must be available in powder form, be water-soluble and be thermostable. The most commonly used are gentamicin, clindamycin, vancomycin, tobramycin, aztreonam, ampicillin and olofoxacin [11,39,40]. Most published studies always include the same antibiotics in the cement. Some authors use vancomycin and tobramycin as local antibiotics on a regular basis because they have a broad spectrum of activity [12,25]. However, not all bacteria can be successfully treated with these agents (e.g., some gram-negative organisms). This is also the disadvantage of commercially manufactured spacers that, like the beads, only contain gentamicin or vancomycin as a single antibiotic. So this is an argument for investigating the antibiotic resistance pattern of the isolated bacteria and selecting a specific antibiotic for the treatment. Masri et al., reported a success rate of 89.7% in their retrospective study involving bacteria-specific antibiotic mixed into the cement of a PROSTALAC® spacer (DePuy Orthopaedics, Inc, Warsaw, IN) and we saw no reinfection of 36 cases with a minimum follow-up of 2 years using this concept for handmade spacers [6,26].

Different antibiotics are released at different rates from the spacers and affect each other when in combination with other antibiotics [3]. Of these antibiotics normally mixed in the cement, the use of two antibiotics results in a synergistic effect and the elution of the individual components are better than that of the single antibiotics on their own [39,41-44]. Many surgeons now use cement with gentamicin and clindamycin or gentamicin and vancomycin in combination rather than gentamicin alone because of the better antibiotic elution kinetics exhibited by the former [39,41-44]. A third antibiotic (usually vancomycin) is often added to the manufactured cement containing gentamicin and clindamycin, according to organism specificity defined by an antibiogram [6,42]. This concept enabled us and others to achieve an eradication rate of between 93.5% and 100%, which implies that an adequate level of antibiotic was available in the tissues surrounding the spacer [6,30,38]. However, in our in vivo study, the addition of vancomycin did not result in an increase in the release of the antibiotics present in Copal bone cement, namely gentamicin and clindamycin [38]. Moreover, hand-mixed cement results in a better elution of antibiotics than cement mixed under vacuum. This is because there are air bubbles in the hand-mixed cement that increase the total area of the antibiotic-eluting surface. However, the mechanical properties (resistance to breakage, for example) of the hand-mixed cement are poorer than that of the vacuum-mixed cement [45]. But, the mechanical properties of the spacer cement do not necessarily have to be equivalent to that of the cement used to fix primary prosthetic implants, however. Even though the reinfection rate using commercially available spacers with only one antibiotic seems not to be generally higher (Tables 1 and 2), we recommend the addition of several organism-specific antibiotics to the spacer cement because of the described differences in local antibiotic elution. Applying this concept, we were able to show that the local antibiotic concentrations 6 weeks after implantation were still above the relevant minimal
inhibitory concentrations. In addition, we observed a very low rate of recurrence - at or around 0% - in the clinical setting [6,38]. Thus, the antibiotic-containing spacer not only fulfills a mechanical function it also plays an important role in the treatment of periprosthetic infections.

Summing up, there is evidence that local antibiotic release from the spacer is helpful for the local treatment of the infection and that a combination of at least two antibiotics and a mixing procedure without vacuum of the spacer cement results in higher local elution of antibiotics.

The duration of spacer period and systemic antibiotic therapy

The period of time between the two operations of a two-stage revision and the time of systemic antibiotic therapy are very variable between the studies, ranging from a few days to several years for the duration of spacer-period and from 2 weeks to several months for the duration of systemic antibiotic therapy after re-implantation (Tables 1 and 2). Many authors determine the time of re-implantation of prosthesis according to clinical parameters and clinical chemistry data and carry out an aspiration of the area before surgery is carried out [8,18,26,30]. Other authors have a more or less rigid procedural plan [7,9,13]. These differences in procedure, not only between studies but also within studies, means that it cannot be decided which time period between the two steps and spacer period is the most suitable. This also appears to underscore the importance of the surgical debridement for therapeutic success of the two-stage revision. However, most surgeons choose a spacer period of 6 to 12 weeks and a systemic therapy of 6 to 12 weeks after reimplantation (Tables 1 and 2).

Aspiration before re-implantation

There are no comparative studies that consider this aspect of the therapeutic concept either. In order to reproducibly assess the validity of aspiration of the joint when deciding whether or not to carry out a reimplantation, the antibiotic treatment has to be discontinued for a period of at least 2 weeks, if not 4 weeks [46]. Since the recommended bacterial cultivation period is 2 weeks, aspiration of the joint before implantation leads to a delay in reimplantation of between 4 and 6 weeks [47]. In our study of the local concentrations of antibiotics in the tissue around the prosthesis bed, we were able to show that local antibiotic levels were higher than the minimal inhibitory concentrations 6 weeks after spacer implantation but whether this would also be true after a further 4 to 6 weeks is debatable. However, the fact that there is an effective level of antibiotic in the tissues at the time of the aspiration means that, in our opinion, the prognostic value of the whole aspiration procedure is overrated. This hypothesis is supported by the study of Preininger et al., for two-stage revisions of infected total knee arthroplasties, who found a sensitivity of only 21% for the aspiration of the spacer synovial fluid before reimplantation [48]. Moreover, in the study on 115 patients with two-stage revision hip or knee arthroplasties of Hoell et al., the sensitivity for synovial culture before reimplantation was only 5%, for white blood count in the synovial fluid 31.3% and for the CRP in serum 42.1% [49]. The specificity before reimplantation was 99% for the synovial cultures, 39.1% for the white blood count in the synovial fluid and 84.21% for the CRP in serum. Frangiamore et al., examined several synovial cytokines and showed a low sensitivity to rule out infection before reimplantation [50]. For this reason, we do reimplantation without performing aspiration before and rely entirely on clinical observation and monitoring CRP levels, even though CRP level in serum has also its weakness. Previous experience has shown that CRP normally decreases to a level between 10 and 30 mg/L within 2 or 3 weeks of surgery. A normal level of less than 5 mg/L cannot be expected when a spacer has been implanted. If the CRP level does not decrease to the aforementioned level within the 3 week period, or there is persistent wound secretion, or there are other signs and symptoms that suggest the presence of a deep infection, we do not carry out a reimplantation but rather renew the spacer with accompanying debridement of the prosthesis bed.

Type of prosthesis used for reimplantation

Although the use of a cemented prosthesis for reimplantation has the advantage that antibiotics can be added to the cement, there are no obvious differences in reinfection rate between cemented and cementless prostheses (Tables 1 and 2). Thus the procedures adopted during the first stage of the operation, involving radical debridement and local and systemic antibiotic treatment to maintain freedom from infection, appear to be more meaningful for the treatment of periprosthetic infections than the type of implant used for the reimplantation. Since the optimal interdigitation of the cement requires a spongeform structure to the bone, and this is not found after debridement, especially in the femoral component, it is likely that the quality of the long-term fixation of the cemented prosthesis will be diminished by the presence of smooth bone surfaces. Although there are no reports concerning aseptic loosening of cemented re-implants following two-stage septic revision arthroplasty, we know that the rate of loosening of cemented revision stems is much higher than that of cementless stems [51,52]. We therefore use cementless revision stems for reimplantation and it is the disadvantages of cemented reimplantations that have persuaded us to choose a two-stage procedure in preference to the one-stage procedure for hip joint revision, although not for knee revisions. Using the concept we have described, we have been able to achieve success-rates of 100% and 93.5% [6,33]. These results suggest that our concept for septic revision surgery will continue to produce reproducible good clinical outcomes.

Discussion/Conclusion

In summary, because the success-rate using spacers is around 10% higher in average (Tables 1 and 2) it can be concluded that cement spacers play an important role for the treatment of periprosthetic joint infection by releasing local antibiotic therapy in the prosthetic bed and do not only function as a space filler to prevent joint contractions and maintain the leg length. However, depending of the type of spacer they have disadvantages like acetabular bone erosion in monoblock-spacers and can break. Moreover, they usually generate abrasion products even during a short implantation period of a few weeks. Although there is no examination and evidence that prostheses after septic two-stage revision have lower survival-rates than in aseptic loosening this should be taken into account when designing treatments for periprosthetic infections. It underlines the importance of total synovectomy and extensive lavage carried out at the time of re-implantation not only to ensure radical debridement of residual organisms but also to reduce the amount of abraded material. The abrasion of the spacer create new surfaces where antibiotics can elute, which may be the reason that the local antibiotic concentration is higher than the minimal inhibition concentration of the microorganisms responsible to the periprosthetic joint infection.
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