



Opinion Article

Treatment of Severe Mental Disorders Including Schizophrenia and Phobia through Scientific Telepathy

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Abstract

This article introduces an innovative, humane, and low-cost method for treating severe mental disorders through telepathic communication during sleep. Unlike conventional approaches such as medication or in-person psychotherapy, this technique is non-contact, drug-free, and remotely administered. The article includes a comparison with hypnotherapy, a detailed explanation of the therapeutic process, observed outcomes, ethical considerations, and a proposal for a scientific pilot study under academic supervision.

Introduction

Severe mental disorders such as schizophrenia and phobia remain among the most complex challenges in modern psychiatry. Conventional treatments—including medication, psychotherapy, and hospitalization—require direct contact with the patient and often involve significant financial and emotional burdens. This article presents a scientific and experience-based alternative: telepathic therapy, which is administered remotely, without physical contact or medication (Figure 1).

Comparison with Hypnotherapy

Hypnotherapy is considered one of the most advanced psychological treatments. However, it faces several limitations that reduce its effectiveness compared to telepathic therapy:

- Not all individuals are susceptible to hypnosis.

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Figure 1: Treatment of Severe Mental Disorders Including Schizophrenia and Phobia through Scientific Telepathy.

- Patients with severe mental disorders may resist both the treatment and the therapist.
- Young children often cannot cooperate during hypnotherapy sessions.

Telepathic therapy requires only one condition: the patient must be in deep sleep, specifically in the delta brainwave state. During this phase, the therapist establishes a mental and energetic connection and initiates the healing process—without the patient's awareness or cooperation.

Methodology

Telepathic therapy creates a focused mental and energetic link between therapist and patient. The therapist enters the patient's psychological frequency during sleep—defined as the delta state (0.5 to 4 Hz)—and silently begins the healing process.

Three essential elements are required:

- A recent photograph of the patient
- The patient's geographic location
- The patient's sleep schedule

Progress is monitored through reports from a trusted individual close to the patient or from a clinical team.

Observed Outcomes

Some patients achieve full recovery after a single session, while others may require multiple sessions depending on the severity of their condition. The method is not limited by geography and can be applied globally.

Proposal for Scientific Pilot

A pilot project is proposed under the supervision of a reputable institution. Suggested steps include:

1. Selection of one to two volunteer patients
2. Collection of initial data
3. Execution of telepathic treatment sessions
4. Documentation and analysis of results

Ethical Considerations

Treating a patient without prior knowledge raises ethical concerns. However, in cases where the patient is unable to make decisions,

telepathic therapy may serve as a compassionate solution. Critics argue that suggestion may cause improvement, but if suggestion works, it deserves recognition as a valid therapeutic tool. To isolate the true effect, treatment without patient awareness is feasible in pilot studies.

Conclusion

Telepathic therapy offers an innovative, humane, and low-cost approach to treating severe mental disorders. With institutional support, this method may open a new frontier in global mental health care.



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