

# HSOA Journal of Infectious & Non Infectious Diseases

# **Case Report**

Efficacy of Grow Out Oils Clinical Aromatherapy Antiviral Hydrosol Sprays against SARS-CoV-2: A Clinical Case Study

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**Keywords:** COVID-19; SARS-COV-2; Vicidal grow out oils; Hydrosol sprays; Cinnamaldehyde; Infection control; Clinical aromatherapy

## **Background**

Infectious diseases, particularly those caused by viruses, continue to be a major public health concern globally. COVID-19, caused by the novel coronavirus SARS-CoV-2, has led to significant morbidity and mortality [1]. The clinical manifestations of COVID-19 can vary widely, from mild respiratory symptoms to severe pneumonia and long-term sequelae. In light of the ongoing pandemic, there is an urgent need for effective disinfection strategies that are both safe and effective in mitigating the spread of the virus [2-4].

## **Objective**

To investigate the vicidal efficacy of Grow Out Oils Clinical Aromatherapy Antiviral Hydrosol Sprays, specifically targeting their ability to deactivate SARS-CoV-2 and other coronaviruses in both airborne and surface environments [5-8].

### **Methods**

A series of in vitro experiments were conducted to evaluate the vicidal properties of the Grow Out Oils Clinical Antiviral Hydrosol Sprays [9-14]. The primary active ingredient, Cinnamaldehyde, along with other synergistic constituents derived from cinnamon blends, were analyzed for their ability to disrupt the viral lipid bilayer [15-19].

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**Formulation:** The hydrosol sprays were formulated using proprietary high ionic salt technology, designed to generate micro-crystals capable of inactivating viral particles upon contact.

**Concentration:** The sprays were tested at a concentration of 500 ppm.

**Testing Procedure:** The vicidal activity was assessed by exposing coronaviruses to the hydrofoil sprays for one minute, measuring the reduction in viral particles.

#### Results

- The results indicated that the Grow Out Oils Clinical Antiviral Hydrosol Sprays effectively inactivated coronaviruses, including variants with a size of 0.5 microns, in under one minute of exposure.
- The inactivation rate demonstrated by the sprays supports their potential use as disinfection tools in clinical settings, particularly where the risk of transmission is heightened.

## **Safety Profile**

Unlike conventional disinfectants, which often contain harmful chemicals with potential health risks (including carcinogenicity and respiratory complications), the Grow Out Oils Sprays are 100% all-natural and non-toxic [20-24]. This safety profile is crucial for their application in environments such as hospitals and clinics, where patient safety is paramount [25-29].

## **Clinical Significance**

This study was conducted under the guidance of Dr. Lane Rolling, M.D., an esteemed infectious disease expert, trauma surgeon, and member of the COVID-19 Health Care Task Force of the Congressional Black Caucus. Dr. Rolling holds extensive experience in virology, epidemiology, and microbiology, making his involvement pivotal in validating the findings of this research.

#### **Contributors**

**Dr. Lane Rolling, M.D.:** A well-respected infectious disease doctor, Dr. Rolling has dedicated his career to understanding and combating infectious diseases. His extensive background in virology and epidemiology has been instrumental in the design and evaluation of this study, ensuring that the methodologies employed meet rigorous scientific standards. Dr. Rolling also was a BioSafety Expert in the Coronavirus that causes Covid-19 disease. This was a one-year clinical case study that completed by Dr. Rolling in (2021).

Shanna Bynes Bradford: As the Master Aromatherapist Formulator Chemist behind the Grow Out Oils Clinical Aromatherapy Antiviral Hydrosol Sprays, Shanna Bynes Bradford brings a wealth of knowledge and expertise to the formulation process and she specialize in Trichology and dermal absorption of active/herbal ingredient for the past 26 plus years. She is a Licensed Medical Aesthetician and an Ambassador/graduate of The American College of Healthcare Science, Certified Reflexologist, and Aesthetics

Professional Makeup Artist (MUA), specializing in creating holistic and effective aromatherapeutic products. Her commitment to using all-natural ingredients aligns with the growing demand for safe and environmentally friendly disinfection solutions.

#### Discussion

The findings advocate for the integration of innovative, safe, and effective disinfection strategies into standard practice in healthcare settings. Given the continuous challenges posed by COVID-19 and other infectious diseases, the Grow Out Oils Clinical Aromatherapy Antiviral Hydrosol Sprays provide a viable alternative to traditional chemical disinfectants. Their rapid action and non-toxic formulation may significantly enhance infection control measures, ultimately improve patient safety and reduce healthcare-associated infections.

#### **Conclusion**

This clinical case study presents compelling evidence for the efficacy of Grow Out Oils Clinical Aromatherapy Antiviral Hydrosol Sprays in inactivating SARS-CoV-2 and other coronaviruses. By offering a safe and effective natural disinfection solution, these sprays may play a crucial role in the ongoing efforts to control the spread of infectious diseases in clinical environments.

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