**Annex I**

Dear participant

My name is Dr. Shahen Hiwa Omer, I am a 5th year Medical Board student in oral and maxillofacial surgery department. The purpose of this questionnaire is for my final research where I am trying to find out the Acceptance of the general population about facial fillers in Sulaimani city.

I appreciate your cooperation and your time in answering the following questions with me in this questionnaire.

Dear participant

My name is Dr. Shahen Hiwa Omer, I am a 5th year Medical Board student in oral and maxillofacial surgery department. The purpose of this questionnaire is for my final research where I am trying to find out the Acceptance of the general population about facial fillers in Sulaimani city.

I appreciate your cooperation and your time in answering the following questions with me in this questionnaire.

Research Co-Supervisor: Dr. Zanyar Mustafa Amin, B.D.S, H.D.D, F.I.C.M.S

Age:

Gender:

Educational degree:

Have you had any type of cosmetic procedure? YES / NO

Have you had any facial fillers? YES / NO

**10.1 General information**

1. What are facial fillers?
2. They are anti-ageing injections, and ‘fill out’ lines and wrinkles
3. They paralyze the nerves and keep your skin from forming lines and wrinkles
4. I don’t know
5. Where are facial fillers used? (pick all that applies)
6. [Tear troughs](https://www.glowday.com/dermal-fillers/tear-trough-fillers/guide) (eye bags)
7. Nose ([liquid rhinoplasty](https://www.glowday.com/dermal-fillers/liquid-rhinoplasty/guide))
8. Cheeks
9. Marionette lines (which extend from the corners of the mouth down to the chin)
10. Nasolabial folds (lines either side of the nose)
11. [Lips](https://www.glowday.com/dermal-fillers/lip-fillers/guide)
12. Chin and jawline
13. The neck
14. I don’t know nor have I ever heard of these.
15. How do facial fillers work?
16. When filler is injected into the skin, it smooths out fine lines and wrinkles and plumps out areas which have lost volume. Essentially, [dermal fillers work](https://www.glowday.com/blog/how-do-fillers-work) in place of diminished fat, collagen and elastin.
17. Other:
18. I don’t know.
19. What are the benefits of fillers? (select all that apply)
20. Replacing Volume – bone, ligament, structural and fat loss changes, weight loss, muscle development, excessive sun exposure, hormonal changes.
21. Creating Symmetry – everyone is asymmetrical, however some degrees of asymmetry are more prominent.
22. Rejuvenating Skin  – recent evidence indicates that dermal fillers reduce the severity of etched static wrinkles and stimulate the production of collagen and elastin.
23. Enhancing Features – the natural contours and shape can be emphasized and redefined.
24. Skin rejuvenation - lines and wrinkles can be filled out and the face can be sculpted with a little help from dermal fillers
25. Dermal filler injections can also be used to alter and define facial features like the nose, chin and jawline, as well as for treating acne scars
26. I don’t know
27. What are fillers made up of?
28. Hyaluronic acid
29. Other:
30. I don’t know
31. Are there any side effects of facial fillers?
32. Minimal and usually disappear soon after the treatment
33. Swelling, redness and minor bleeding near the injection points
34. Bruising
35. Nothing
36. I don’t know
37. Other:
38. Are dermal fillers painful?
39. No
40. No, since numbing cream will be used
41. Yes even with numbing cream
42. It depends on the area the filler is injected into
43. I don’t know
44. How long do dermal fillers last?
45. 3-6 months
46. 6-12 months
47. Other:
48. I don’t know

**10.2 Personal choice**

1. Have the possible complications of cosmetic procedures, such as facial fillers, hindered you from pursuing the procedure?
2. Yes
3. No
4. Even though I haven’t had any kind of procedures, but this is not a reason it would make me not consider it.
5. Have you ever had, or thought seriously about having, a cosmetic procedure such as facial fillers?
6. Yes, I have.
7. No, I haven’t, but I’m contemplating the idea.
8. No, I haven’t nor have I ever thought about it.
9. **10B or 10C**: Please say why you haven’t had, or wouldn’t consider having, a cosmetic procedure such as facial fillers, please go into details with your answer.
10. Fears of having a procedure
11. Risk
12. Abhorrence (disgusted loathing)
13. Perception that cosmetic procedures are ‘unnatural’
14. Financial factors
15. Satisfaction with appearance
16. Vanity
17. Aesthetic factors
18. Preference for other methods of changing appearance
19. Appearance as ‘unimportant’
20. Slippery slope
21. **10A**: What prompted you to have a facial fillers, or to consider having a facial fillers?
22. Concerns around visible ageing
23. General desire to improve appearance
24. Others’ influence
25. Comparing oneself with others or with people in media
26. A partner’s preference for the cosmetic procedure
27. Would/did you tell people you have had a cosmetic procedure, or keep it a secret?
28. Tell the truth, why?
29. Keep it a secret, why?
30. Do you think life might be different after a cosmetic procedure, such as facial fillers?
31. Yes, how so?
32. No, how so?
33. Do you think facial fillers are sustainable?
34. Yes, you can do it once and if you don’t like it not repeat.
35. No, if you do it once you have to continue with the same procedure indefinitely.
36. If 6B, has this affected your decision to pursue cosmetic procedures.
37. Yes
38. No

Is there anything else you would like to add.